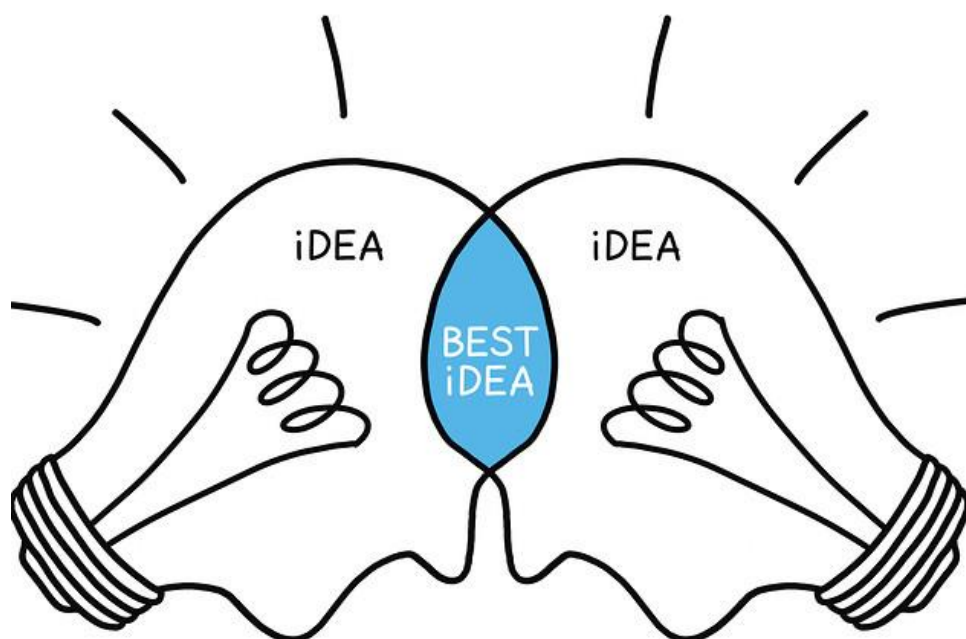


**Report on Introduction of Millets in daily life as Nutri Kitchen as
a part of Student training programme at Dr. V.S. Krishna
Government Degree College (Autonomous), Visakhapatnam**



DEPARTMENT OF MICROBIOLOGY

COLLABORATION ACTIVITY REPORT

Collaboration with Lee Pharma Limited, VSEZ, Duvvada Visakhapatnam.

Activity: - Nutri Kitchen

Year of signing MoU	Name of the organization with whom MOU/Collaboration being signed	Duration	Purpose of MOU/Collaboration	List the actual activities under each MOU year-wise	Date of the activity conducted
22/02/2023	Lee Pharma Limited, VSEZ, Duvvada Visakhapatnam	3 Days	Health camps, Training students in Nutri Kitchen & Nutri Gardengain practical experience	Nutri Kitchen	28-01-2023

Objective

The primary objective of the Millets Nutri Kitchen celebration at Dr. V.S. Krishna Government Degree College (Autonomous), Visakhapatnam was to raise awareness about the nutritional benefits and culinary versatility of millets. The event, organized as part of the Nutri Kitchen activity under the Collaboration with Lee Pharma Ltd., Visakhapatnam, aimed to educate students and faculty on the importance of incorporating millets into their diets for better health outcomes. The celebration also provided a platform for showcasing innovative millet-based recipes and products.

Description of the Activity

The Millets Nutri Kitchen celebration, titled Millet Fest, was held and comprised two main sessions:

Session 1: Millets Awareness Programme

Venue: G-11 Seminar Hall

Presiding Officer: Dr. I. Vijaya Babu, Principal, Dr. V.S. Krishna Government Degree College (A)

Participants: Nearly 150 students and 50 faculty members

The session commenced with the arrival of the Principal, guests, and other dignitaries on the dais. The event was inaugurated with an auspicious devotional song performed by the

students. The Principal, Dr. I. Vijaya Babu, delivered the opening remarks, emphasizing the significance of millet consumption for health and sustainability.

Special guests for the session included:

Ms. Lavanya, a nutritionist at Lee Pharma Ltd., Duvvada, who provided an expert perspective on the health benefits of millets and practical dietary tips.

Mr. Pragnanand, an entrepreneur and founder of the Millie Box start-up at Yoga Village, Visakhapatnam, who shared his journey and insights into millet-based businesses.

Session 2: Millet Food Exhibition

Hosted by: Departments of Microbiology

The second part of the celebration featured a Millet Food Exhibition, where students and staff from the aforementioned departments showcased a variety of millet-based dishes. This interactive exhibition aimed to highlight the culinary diversity of millets and offered attendees an opportunity to taste and learn about different millet recipes. The exhibition underscored the practical aspects of incorporating millets into daily diets, thus reinforcing the morning's educational session.

Outcome

The Millets Day celebrations significantly increased awareness among participants about the nutritional and health benefits of millets.

The event fostered a community-wide engagement with the subject of nutrition and healthy eating practices.

The Millet Food Exhibition offered a hands-on experience, allowing participants to explore and taste various millet dishes.

PHOTO GALLERY



Report on Health Camp Conducted at Dr. V.S. Krishna Government Degree College (Autonomous), Visakhapatnam



DEPARTMENY OF MICROBIOLOGY

COLLABORATION ACTIVITY REPORT

**Collaboration with Santhigiri Ayurveda and Siddha Hospital,
Visakhapatnam.**

Activity: - Health camp

Year of signing MoU	Name of the organization with whom MOU/Collaboration being signed	Duration	Purpose of MOU/Collaboration	List the actual activities under each MOU year-wise	Date of the activity conducted
22/02/2023	Santhigiri Ayurveda and Siddha Hospital, Visakhapatnam	6 Hours	Health camps, Medication, Training students to gain practical experience	Health Camp	25/02/2023

Objective

The primary objective of the health camp was to provide comprehensive health check-ups and distribute essential medicines to the students and aimed to enhance

the overall health and well-being of the students, raising awareness about preventive healthcare and the benefits of Ayurveda and Siddha medicine.

Description

The health camp was a collaborative effort between Dr. V.S. Krishna Government Degree College (Autonomous), Visakhapatnam, and Santhigiri Ayurveda and Siddha Hospital, Visakhapatnam.

Description of the activity

Health Check-Ups:

Comprehensive health screenings were conducted, which included general physical examinations, blood pressure monitoring, and basic blood tests.

Specialist consultations in Ayurveda and Siddha medicine were available, allowing students to receive personalized health advice based on traditional and holistic medical practices.

Medicine Distribution:

Santhigiri Ayurveda and Siddha Hospital provided a range of Ayurvedic and Siddha medicines. These were distributed free of charge to students diagnosed with common ailments such as digestive issues, respiratory problems, and stress-related disorders.

Health Awareness Sessions:

Informative sessions were conducted to educate students on the importance of maintaining a healthy lifestyle, balanced diet, and regular exercise.

Emphasis was placed on the role of Ayurveda and Siddha practices in promoting long-term health and development.

Outcome

It achieved its objective of promoting health and wellness among students through comprehensive health check-ups, medicine distribution, and educational sessions. The event highlighted the value of integrating traditional medicine practices into modern healthcare.

PHOTO GALLERY



Name of the Student Present	Signature
B. Raja Kumari	B. Raja Kumari
B. Leela Kumari	B. Leela Kumari
A. Surekha	A. Surekha
G. Ramya	G. Ramya
P.T.S.A. Pratyusha	P. Pratyusha
Ch. Bindu Vasini	Ch. Bindu Vasini
K. Akha Tyothi	K. Akha Tyothi
R. Sangeetha	R. Sangeetha
K. Padmarathi	K. Padmarathi
M. Kanchana	M. Kanchana
M. Keerthi Priya	M. Keerthi Priya
P. Mallika	P. Mallika
K. Syamala	K. Syamala
A. Hemanth Kumar	A. Hemanth Kumar
A. Rajesh	A. Rajesh
D. Gayatri Greethika	D. Gayatri Greethika
E. Dharani Tejaswi	E. Dharani
M. Ravali	M. Ravali
M. Tejaswara Rao	M. Tejaswara Rao
N. Lavanya	N. Lavanya
N. Rama Devi	N. Rama Devi
N. Sandhya Rani	N. Sandhya Rani
N. Hemalatha	N. Hemalatha
S. Meghana	S. Meghana
Y. Ganesh	Y. Ganesh
D. Sai Teja	D. Sai Teja

MoU ACTIVITY REPORT



**Report on the Training Program by Pidilite
Vishakhapatnam, Ltd for Dr. V.S. Krishna Government
Degree College to Microbiology Students 2022-2023**

DEPARTMENY OF MICROBIOLOGY

MoU ACTIVITY REPORT

Mou:- **MoU with Pidilite Industries Ltd Visakhapatnam**

Activity: - Best of Waste Technique and Tie and Dye Technique

Year of signing MoU	Name of the organization with whom MOU/Collaboration being signed	Duration	Purpose of MOU/Collaboration	List the actual activities under each MOU year-wise	Date of the activity conducted
20/09/2022	Pidilite Industries Ltd Visakhapatnam	45 Hours	To develop Skills in Students. Hands on Training programme	Hands on Training programme in Best of Waste Technique and Tie and Dye Technique as a Skill development	7/11/2022 to 3/12/2022 (2 Hours per day)

Objective:

The primary objective of the training program conducted for the Microbiology students of Dr. V.S. Krishna Government Degree College was to equip them with practical skills and knowledge in two key areas: "Best of Waste" techniques and Tie and Dye techniques. This initiative was part of the Memorandum of Understanding (MoU) with Pidilite Industries Ltd, Visakhapatnam.

Description

The program was divided into two main modules:

Best of Waste Techniques:

Objective: To teach students how to create useful and aesthetically pleasing items from waste materials.

Activities: Students engaged in hands-on sessions where they learned to transform discarded materials such as paper, plastic, fabric scraps, and other household waste into functional products like home decor items, accessories, and educational tools.

Skills Developed: Creativity, problem-solving, resourcefulness, and environmental consciousness.

Tie and Dye Techniques:

Objective: To introduce students to the traditional art of tie and dye, enhancing their understanding of fabric design and textile art.

Activities: The training included demonstrations of various tie and dye techniques, such as spiral, stripe, and sunburst patterns. Students practiced these methods on fabric, experimenting with different colors and designs.

Skills Developed: Artistic expression, precision, color theory, and textile handling.

Outcome

1. Students gained practical skills in waste management and fabric design.
2. Increased Creativity among the students
3. Students developed a greater appreciation for sustainability and environmental conservation.
4. The MoU with Pidilite Industries Ltd. provided students with knowledge about industry practices and potential career paths in the fields of design and sustainability.

List Of Students Participated In The Programme

S NO	NAME OF THE STUDENT	SIGNATURE OF THE STUDENT
1.	K.Sai Archana	
2.	M.Sruthi	
3.	M.Ganga Bhavani	
4.	D.Hemasaitejeswani	
5.	D.Jhansi rani	
6.	P.Karunyaprashanti	
7.	M.Krishnaveni	
8.	L.Kushi	
9.	N.Pranjal	
10.	E.Revathi	
11.	S.Mounika	
12.	R.Sreecharitha	
13.	R.Srilekha	
14.	R.Anugopal	
15.	M.Vikash	
16.	Chandana Lalitha priya	
17.	Likitha	
18.	Madhan	
19.	Prasad	
20.	Rakesh	
21.	Sheena priya	
22.	Sony deekshitha	
23.	Tejitha	

24.	Vaishnavi	
25.	Vyasu	
26.	Dilip kumar	
27.	Harish	
28.	Navya	
29.	Sai kumar	
30.	Uma	

PHOTO GALLERY



