



Dr. V.S. KRISHNA GOVT. DEGREE & P.G. COLLEGE (A)

Maddilapalem, Visakhapatnam - 530 013.

NSS Unit - II

P.O : Dr. V. RATNA BHARATHI



ANNUAL REPORT

On

NSS ACTIVITIES

(2019-2020)

By

NSS PROGRAM OFFICER- UNITII

Dr. V. Ratna Bharathi, M.Sc.,M.Phil., Ph.D.

S. No	Activities Organized	Name of the activity
1	<p>June 2019 June 2nd to June 9th</p> <p>June 21st 2019</p>	<ul style="list-style-type: none"> World environment day Nss volunteers and programme officer along with staff Participated in plantation International Yoga day organized in the college campus . Swachtha program is a must and should programme in the college on first and last Saturday of every month except during examinations time
2	<p>July 2019</p> <p>July 2019 Last Week</p>	<ul style="list-style-type: none"> UNICEF project peer leaders trainings and activity UNICEF Adolescent Conclave meeting at Childre Arena, Siripuram SWACHHA THA HI SEVA on Saturdays of every month Plantation programme starts due to onset of monsoon
3	<p>August 2019 15/08/2019</p>	<ul style="list-style-type: none"> Independence day activity <ul style="list-style-type: none"> Swachh Bharath Vigilance awareness programmes
4	<p>September 2019 1st week</p> <p>September 5th</p> <p>September 24th</p> <p>September 29th</p>	<ul style="list-style-type: none"> Anti corruption competitions Pledge, Election, Essay writing etc <ul style="list-style-type: none"> Teacher's Day NSS Day Clean drive in the college campus Poshan Abhiyan programme organized
5	<p>October 2019 2/10/2019</p> <p>6/10/2019</p> <p>31/10/2019</p>	<ul style="list-style-type: none"> Gandhi Jayanthi Vanaprastha samrakshana week Ekal diwas pledge

		<ul style="list-style-type: none"> ● Jalsamrakshan
6	November 2019 24 th November	<ul style="list-style-type: none"> ● Constitution day
7	December 2019 1/12/2019 6/12/2019 7/12/2019 9/12/2019 Last Week of December	<ul style="list-style-type: none"> ● AIDS Rally on AIDS DAY ● Blood donation awareness meeting <ul style="list-style-type: none"> ● Acted As Judge in Satkarya Community Service activity at Gayatri College of engineering and technology, madhurawada, VSP ● Mega Blood DonationCamp ● RRC activities conducted as our college got the opportunity to conduct zonal RRC training programme
8	January 2020	<ul style="list-style-type: none"> ● Ek Bharath ShreshtBharath <ul style="list-style-type: none"> ● Fit India ● Cultural fest on the eve of sankranti college level <ul style="list-style-type: none"> ● Republic Day

9	February 2020 Special camp 29/1/2020 to 4/2/2020	<ul style="list-style-type: none"> ● Special Camp organized at Andhra University premises and KRM colony of Maddilapalem
10	March 2020 March 6 th March 8 th March 2 nd week	<ul style="list-style-type: none"> ● Annual day in the college ● Women's Day ● Covid Control measures poster Presentation
11.	April 2020 to May 2020	Service oriented Activities performed from home during lockdown period. supplying sanitizers, masks and provisions to needy people in their respective residential areas

NSS ACTIVITY REPORT 2019-2020

The NSS Programs in the college are implemented by the program officers as per the instructions of the Principal of the college and instructions from NSS cell of Andhra University Visakhapatnam. There are Four NSS Units in the college of and I belong to UNIT II which comprise of student volunteers of Life Sciences groups.

Every year enrollment of volunteers will be performed after the admission work of undergraduate courses gets completed. For the enrollment of volunteers the proforma from Andhra university NSS CELL will be sent to the mail of concerned programme officer and the data will be filled in the proforma and forwarded to aunss@ gmail.com.

The main components of NSS are

- **NSS REGULAR ACTIVITIES**
- **GOVERNMENT suggested PROGRAMMES**
- **NSS SPECIAL CAMP PROGRAMME**
- **A unique project of UNICEF ON “IMPROOVING THE LIVES OF ADOLOSCEENTS AND YOUTH EMPLOYIBILITY SKILLS”(2016 to 2019)**
- **MOTIVATING VOLUNTEERS FOR NIC AND PRE RD CAMPS**

➤ NSS Regular Activities

a) Environmental Consciousness: Environment awareness programmes like plantation, clean campus drive, importance of rain water harvesting pits , plastic free campus (weekly once collecting the plastics and placed in the dustbins, class wise campaign about cleanliness and the students are advised to campaign about not to use plastic of less than 40 microns) organized with the prior permission of Principal in the college. The **volunteers are also given awareness on dry, hazardous and wet waste disposal** and advised to educate the public in their respective villages. The college has Haritha Krishna Eco club and NSS program officer coordinate with the eco club coordinator Dr D.S. Madhavarao and conduct these activities. As part of this activity the students were taken to Central Park Visakhapatnam in the month of September 2020 to give a better understanding on the various kinds of plants which give more oxygen and which are medicinally important. The volunteers actively participate in the cleaning activities of Botanical Garden and quadrangle NSS room garden area of the college



b) Awareness programmes :

Awareness programmes are often conducted in the college semiar hall and some times in the class rooms about Plantation importance, Health and hygiene awareness on ozone layer depletion, awareness about the government programmes, old age pensions, awareness on cash less transactions, awareness on digital India, awareness on blood donation, awareness on voter enrolment, awareness on cyber security, mobile banking , awareness rallies on anti ganja campaign, Voters enrollment awareness, campaign on mosquito control measures etc. also part of the NSS activities of the college under unit II with help of other nss programme officers.

During 2019-20 awareness programmes were organized as and when the instructions

The description of the above mentioned programmes are described below :



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Name of the Activity : **Plantation**
Date : 29-07-2019
P.O's : Dr.V.RatnaBharathi., Dr., Ch. Vishnu Murthy.,
Dr.P.UnameheswaraRao., Dr.V.Sudheer
Faculty involved : Dr.PR.Vani. Dr.VijyaPratap
Volunteers B.Sc., B.Com.



received from NSS CELL Andhra university. Awareness about green visakha is done by plantation in the campus. Nearly 120 plants were planted in four garden areas of the college. The saplings like Guava, Maredu, Flame of the forest, Kunkudu, Kanuga, Seethaphal and many such were supplied by the green climate organization and Haritha Krishna eco club of the college.

Awareness on life skills, employability skills were given to the students during special camp programmes. The details of the special camp programme are enclosed in the same report.

As NSS programme officer I was selected by the NSS Andhra University authorities and trained well in UNICEF objectives and 2019-2020 academic year I got opportunity to interact with nss volunteers from various colleges and created awareness on reproductive health and anaemia.

Awareness on Blood donation is a big programme in our college where the Medical officer from District Medical and Health Dr Sudhakar garu and APSACS health officer Sailaja visited and created awareness on the importance of blood donation. These programmes help the volunteers to improve their knowledge and from them the community also learns about these programmes.

Awareness on Swatch bharath objectives such as solid waste and wet waste management also taken place in the campus. Some of the programs are conducted in the college premises and few are performed in the form of Rallies and surveys.



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Collecting Plastic waste by NSS volunteers



Name of the Activity	:	Swatch bharaoh, Campus clean drive
NSS PO's	:	Dr.V.RatnaBharathi, Dr.Ch.Vishnu Murthy, Dr.P.Umamaheswararao
Date	:	17-07-2019
Volunteers	:	B.Sc., B.Com

C) Observation of important days:

January 24th National girl child day, January 25th Voters Day ,January 26th Republic Day
March 8th International Women's day, April 14th Dr B.R. Ambedkar Birthday
June 5th World Environment Day, June 21st International Yoga Day
August 15th, Independence Day, September 5th Teachers Day,

September 16th Ozone day, September 24th NSS day,
October 2nd Gandhi Jayanthi, October 31st Ekta diwas (Sardar Vallabhbhai Patel birth day
November 24th Constitution Day, December 1st World AIDS Day

The above days were observed by me and I also motivate and organize the days in the seminar hall of the college. For these days observation guests are invited and programme will be conducted as per the instructions of the college principal. In our college the NSS volunteers actively participate in almost all activities .

On Republic day celebrations Best volunteers were identified and they will be given certificates and momentoes for their active participation in the programmes. 2019-2020 P.Raviteja, D.Lalitha Virajitha were selected as best volunteers.

II. Government programmes:

Swatchbharath Abhiyan: Swatchbharath program is part of the college regular activity, recitation of pledge of swatchbharath is organized in every class room and students were given drawing competitions on swatchbharath themes. In our college 1st and last Saturday of every month campus clean drive is observed and all the tools required for cleaning will be arranged by the program officer.

➤ Plantation programme:

Government programme of plantation is a big programme and campaign which was explained in awareness programmes.

➤ Poshan Abhiyan:

Poshan abhiyan started in 2019 with aim to inculcate healthy and nutritious food intake by all communities. In the month of October Student volunteers prepared posters on poshan abhiyan and made awareness to the peer groups about nutritious and vitamin foods. They also created awareness about junk foods and food adulteration.

➤ Blood Donation camps

In the college we have Red ribbon club and a lecturer is given the coordinatorship for the monitoring the activities of red ribbon club by the principal.Dr T.M.A Niveditha is coordinator for red ribbon club activities.

In 2019-2020 the district medical authorities and AP SACS authorities visited the college and awareness on blood donation was organized. Nearly 250student volunteers attended the blood donation awareness meeting and on December 8th Mega blood donation was conducted in the college seminar hall with the medical professionals from NTR Blood bank and Victoria Govt. Hospital Blood bank.

Awareness on digitalization, demonetization, cashless transactions, were usually conducted by all the nss programme officers during special camp programmes.



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Name of the Activity : **Gandhi Jayanti Celebration's**
Organised by : NSS All Units Dr.VSKGDC
Chief Guest : NaravaPrakasaRaoGaru., Balavikas foundation.
NGO : Visakhapatnam
Date : 26-09-2019 to 02-10-2019





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Name of the Activity : **Rally on world AIDS Day**
Organised by : All NSS PO's of the college
Faculty involved : Dr.Nayak, Dr.Vijayapratap, Dr.Chittabbayi and NSS PO's
Students : Volunteers from all group nearly 250 Numbers Involved.
Date : 01-12-2019



➤ **Gender Sensitization programmes:**

Gender Sensitization and awareness gender equality women health issues conducted in the college with the coordination of Women Empowerment cell. Dr P.Sreevani is the coordinator of WEC and the NSS activity related to girl students on gender perspectives are organized on International women's day.

2019-2020 Women Empowerment cell and NSS coordinated and organized Awareness on Girl child rights, women health, and a power walk was organized by the centre for Women studies on 7th of March for which we the members of women empowerment cell attended in RK Beach. Abala Sabala programme organized in March 8th by the NSS and WEC of the college. Director of women studies Andhra University Dr Usharani invited as chief guest and nearly 120 girl students attended the programme.

Special Camps and National integration camps:

In 2019-2020 Special camp is organized with the permission of NSS coordinator, Andhra University in adopted slum KRM colony of maddilapalem. The day to day activity and program execution was given in detail below.

Secial camp : Unit II
Name of the PO : Dr V. Ratna Bharathi
AreaChooosen: KRMColony

National Service Scheme : Special camp is a seven day program organized in adopted slum of maddilapalem area to inculcate awareness on the community issues, swachh bharath, water conservation, health and hygiene, Plantation and other government programs through various activities conducted by the nss volunteers to the residents of the adopted slums.

Prior to start of special camp a pre camp visit is performed by NSS program officers and requested the respective area incharges, community persons and dwakra members and took permission for organizing camp in the respective slum areas. The camp was then planned and student lists were prepared as per the NSS guidelines. In addition day wise program sheets were also prepared for proper execution of the camp.

Each day was divided into two sessions (morning and afternoon session) with a lunchbreak for one hour. The activities planned were cleanliness drive, Plastic free environment, Swachh pakhwada, Awareness programs on UNICEF objectives, door to door survey, rallies on drug abuse and social issues like environment cleanliness, skits on social issues like child marriages and cultural activities by the students with participation of few adopted colony residents.

Day 1: Date: 29/01/2020

Forenoon session (9.00A.00pm) AN

Session (2.30 pm to 6.00pm)

On Day one Inaugural session was organized in NSS Bhavan of Andhra University. For inaugural session The Registrar of Andhra University, Visakhapatnam, NSS Coordinator Sri Haranadh garu, Incharge Principal of DrV.S. Krishna Govt. Degree College SriM.V.Satyanarayana Garu, Special Invitee Dr NAD Paul garu Coordinator of Academic Staff College, Andhra University, IQAC Coordinator Dr Ch. Lalitha and NSS Programme officers of the college attended and all the dignitaries addressed the NSS volunteers and motivated them with their speeches. All the volunteers gathered NSS Bhavan AU CampusVisakhapatnam BY 8.30 AM .and made arrangements by tying banners and charts for inaugural function.

After the inauguration Leaders are chosen to mentor the special camp, duties supervision, attendance etc and various Committees were framed by the Programme officers. Different committee of the Special camp are 1. Swachh Bharath committee 2. Discipline Committee 3. Attendance Committee 4. Food and water service Committee 5. Programm execution committee 6. Cultural Committee.

Placards were made by few volunteers for conducting rallies. Afternoon 1.00 to 2.00 pm Lunch every day.

The afternoon session was taken up by Resource Person Dr TMA Nivedita, Lecturer in Botany and RRC District Coordinator, and gave a extensive talk on LIFE Skills. Later Dr Ch Lalitha, IQAC Coordinator of Dr V.S. Krishna Govt. Degree College , mentioned the important programs to be carried out in NSS special camp for national level recognition of the NSS activities of the college to the volunteers. The NSS volunteers given a time table and advised to get the nss dairy to note the daily schedule during the camp. Various committee were organized with students as in charges who actively participated and all the volunteers took very active part in cleaning the premises and streets of the respective camp area slums during camp period during morning session for one hour as shramadan. This kind of activity gives leadership qualities among volunteers.



Day 2 Date: 30/01/2020

Swachh Bharat was a major task given to clean Vijaya Nagara palace premises of Andhra University where Unnath Siksha Abhayan office was located. Several tools to cut the bushes, scrap collection tools and broom sticks were used extensively by all the volunteers and for about three hours students worked in the allotted place. The team leaders divided into groups and they were given gloves and broom sticks for cleaning the streets. Students cleared plastic, cleared the blocked drainages, swept the roads and few of them campaigned door to door about Swachh Bharat.

Lunch was given as per the schedule. After the community service a talk was organized for the volunteers on ENVIRONMENT CONSCIOUSNESS by a social service organization named Green Climate organization. The director of the organization Sri

Ratnam Garu discussed various issues of the environment, dry and wet waste management, seed balls to develop social forestry, etc. Later Child Line chief officer John Garu explained the Child Protection Act 1028. This talk helped the students to learn the needy children's care.

After the session student volunteers actively participated in interactive sessions with resource persons and program officers and lastly active participation in dance music and skits etc as part of cultural programs.



Awareness on child rights by Childline Centre, Govt. Of AP

Day 3 Date: 31/01/2020

Day three also took Swachh Bharat program in HRD centre area and all the bushes, weed, plastics etc were removed and cleaned by the volunteers. After two hours of work all the students and program officers conducted a rally on social evil DRUG ABUSE. The rally started on AU campus and the students went till Siripuram millaenium bunk junction and conducted Manava Haram to signify the issue in crowded areas.

The placards on drugs usage were displayed and several slogans were given in rally.

Prior to Lunch Session College Principal Dr V. Chandra sekhar Garu visited the camp and advised the students to participate actively in community services through various activities. Lunch was given as per the schedule. Post lunch session was taken by Women Empowerment Cell of Dr V.S.Krishna Govt. Degree

College. The Coordinator Of WEC Dr P. Sreevani addressed the students and gave awareness on gender perspectives and later Dr K, Vijayalakshmi garu gave awareness on Nutrition of past and present. Dr Praveena and Dr Srilakshmi from department of Telugu interacted with students about human values and importance of morals to bring up good society. Dr Suryavathi madam also spoke on humanness and humanity. Dr Niveditha spoke about importance of Blood Donation and need of blood in medical grounds.



Rally on anti drug anti ganja camp

Day 4 Date: 01/02/2020

The day started with a motto of Campus clean in college premises. Unit II Students were given outside garden area of the campus and plantation was also taken place. The cleaning session continued till afternoon and lunch was given in the campus.

In the afternoon Session Dr Manikya Kumari garu NSS Program officer , Asst Professor in Botany from St.Joseph Degree college acted as resource person and gave extensive lecture on Motto and theme of NSS and Role of NSS in developing the personality of Youth. After the session cultural programs were performed by the volunteers.





Campus clean drive: Swatchtha programme

Day 5 Date : 02/02/2020

Village survey forms distributed to all the volunteers in the morning session. The respective adopted slum door to door survey has been conducted. Mostly the slum showed severe drainage problems and student volunteers showed responsibility in preparing a complaint about the cleanliness of the slum to the district collector's office.



Day 6 Date: 03/02/2020

On sixth day all the volunteers gathered at open space in the college and nss program officers organized FIT INDIA event. Assembly was conducted and exercise vyayama were performed. Later Dr Vijaya Pratap lecturer in Zoology gave a speech about fitness and health. Advised students to participate in sports and participate in walking yoga etc for physical fitness

In the Afternoon session Physical director Sri Chakri conducted sports events for all the students and all volunteers participated actively. The winners names were enlisted for giving prizes on closing ceremony of the camp.



Day 7 Date 04/02/19

Validictory function was organized in the seminar hall of the college. Chief guest of the function Dr Harnadh garu NSS program coordinator of Andhra University, Principal Dr V. Chandra Sekhar garu, NSS Program officers Dr Ch. Vishnu Murthy, Dr V. RatnaBharathi, Dr V. Sudheer , Dr P. Umamaheswararao, UNICEF project incharge Dr Ramesh, Senior lecturers of the College Dr G.Vijaya Pratap. Dr P.R. Vani, Dr Rajasekhar were part of the function. After the speeches by the dignitaries feed back of the students was taken and the students were given prizes for their excellence in various activities.





BEST OUT OF WASTE MODELS PREPARED BY NSS VOLUNTEERS OF UNIT II

A SPECIAL NSS PROGRAMME UNICEF PROJECT

A Unique programme of our college UNICEF-NSS conjoint Programme on Adolescent issues has been given to the NSS unit II which includes the sensitizing the various levels of community about the Child Marriages, Child trafficking, Compulsory girl Child Education, Substance abuse, Reproductive health awareness and Nutrition and anaemia. (This project started in 2015 december and completed during 2019 December) .

The programme has began with training to programme officers in Andhra university periodically and later the campaign on the UNICEF objectives was performed with NSS volunteers in 3 different steps. Initially the awareness was created to all NSS volunteers at college level, then to all students in the college by taking free time of their class work. After the institutional level awareness the programme was conducted in various residential schools and college hostels allotted by the NSS program coordinator. I got the opportunity to create awareness on the uniCef objectives in the residential outreach of Bhimunipatnam area. After that Community out reach was conducted where the volunteers and programme officer taken charts, posters, pamphlets to the adopted slum to deliver the importance of girl child compulsory education, not to support child marriages, child trafficking issues, anaemia and nutrition concepts.

After 2018 UNICEF organization initiated phase II on project entitled Employability of Adolescents. During 2019 June a peer leader was organized in Andhra University NSS bhavan for which I was given opportunity as resource person in delivering the knowledge on reproductive health and hygiene. For this programme students from 5 degree colleges were choosen and training given for 3 days June 28th to June 30.

In the month of July 2019 an international level meeting was organized called UNICEF Adolescent CONCLAV to which many students from Zone 1 attended.

In addition to these extension activities I also organize culturild al programs as the cultural coordinator of the college which include patriotic song competitions, dance competitions and organizing prayers songs for every event and conducting Music events on annual day.



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Name of the Activity : **UNICEF Project peer leader training**
NSS P.O. : Dr.V.Ratna Bharathi, Resource person for Unicef
Theme : Nutrition health and hygiene
Date : 24-06-2019 to 27-06-2019
Place : Andhra University, Visakhapatnam





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Name of the Activity :	Poster Presentation
Place :	Vuda children theatre
Meeting` :	UNICEF adolescent Coclave
Organised by NSS :	Andhra University in collaboration with UNICEF PROJECT C4D SPECIALIST
Date :	July last week-2019
Peer leaders :	Bhavyavani, Vanajasree & Rekha
Group's :	CBZ & MB.Bt.C



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Name of the Activity : **Costal cleaning**
Organised by : Andhra University NSS Cell
Dignitaries : MP, MLA, Hon, VC of Andhra University., NSS
AU Coordinator Dr.HaranadhGaru and NSS PO's
Volunteers : II BZC & II B.Com
Date : 21-09-2019





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Name of the Activity : **NSS Day Celebrations**
Organised by : NSS Cell Andhra University Visakhapatnam
NSS PO's : All Units from College, Dr.V.RatnaBharathi
receiving Best NSS PO award at University level
Hon'ble Vice Chancellor : Sri P.V.G.D. PrasadReddy garu giving the award.
Date : 24-09-2019





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Name of the Activity : **Gandhi Jayanthi**
Organised by : All NSS Programme Officer of the college,
Program started by Dr.V.Chandrasekhar garu
Principal Dr.VSKGDC
Garlanding mahatma and speeches by faculty.
Student volunteer performed clean the
Campus drive.
Date : 02-10-2019





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Name of the Activity : **Election on Integrity a way of life**
Organised by : HPCL
Conducted by : NSS PO Dr.V.RatnaBharathi&Dr.Tejaswini
Lec.in.Department of Political Sciences
Volunteers : From all groups





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Name of the Activity : **Interaction with UNICEF team on Adolescent Issues**

Organised by : Dr.VSKGDC with UNICEF project officer
Dr.Rameshgaru from Andhra University
Visakhapatnam

PO's : All four units PO's attended the meeting

Volunteers : From all groups who trained as peer leaders

Sex Names : 1.Ramesh B.Com
2. VenkateshB.Sc
3. YuvaKiranB.Sc
4. Shanti B.Sc
5. SatishB.Sc
6. VanajasriB.Sc



